

COLIBRI ADVENTURES

Institute for Central American Studies

Colibrí Adventures—named after the brilliantly versatile hummingbird—offers a series of 1-week adventure programs in Costa Rica for groups of all ages. Each 1-week adventure has a specific theme, around which we provide fun, safe and challenging activities. Programs may be tailored to suit each particular group. The programs are:

Colibrí Equine Adventure
Colibrí Surf Kayak Adventure
Colibrí Mountain Biking Adventure
Colibrí “Build Your Own” Adventure
Colibrí Volunteer Adventure

You may join a scheduled trip, or organize a group to participate in a Colibrí Adventure at your convenience—whenever you like anytime throughout the year. Your group can be of any age range; kids 12 and under need to be accompanied by a responsible adult. Groups typically range from 10-15 participants. Programs include 5 days (+1 travel / free day) and 7 nights in Costa Rica.

Colibrí Equine Adventure

A combination riding school and eco-adventure! Buena Vista, Guanacaste and Rincón de la Vieja National Park serve as our base as we ride through the savannahs and rainforests of Costa Rica’s northwest cattle country. Riders of all levels are welcome; expert equestrians will work with each participant to improve horsemanship and trail riding skills.

After working the first couple of days with our respective mounts, we will head into the national park for an overnight ride and campout. Our trail rides will take us to beautiful waterfalls, rivers and swimming holes, and thermal waters. We will explore the tropical forest, identify wildlife, and observe the geothermal activity of this active volcano! The experience will satisfy your expectations whether you are a serious rider or just looking for an alternate means to enjoy nature.

Colibrí Surf Kayak Adventure

Playa Grande and Tamarindo beaches will welcome you to a warm water kayak extravaganza! Participants will perfect their skills in both traditional and sit-on-top kayaks. This ideal section of northwest Costa Rica offers waves for the novice through the expert.

Skill building will consist of paddling technique, rolling and re-entry, surfing maneuvers, rescue, etiquette and more. Kayaks and equipment will be provided, but if you like you can bring your own. We also will discuss surf kayak competition and how to rack up points!

We will spend as much of each day as participants wish kayak surfing. We also will paddle into the estuary to observe birds and *caimans*—small members of the crocodile family—and have the opportunity to visit an island and engage in excellent snorkeling. The beaches also offer a protected area for leatherback turtles—largest of the sea turtles.

Colibrí Mountain Biking Adventure

Discover Costa Rica's Pacific Northwest—from cloud forest to beach. Hills & flats, waterfalls & swimming holes, hot springs & cool rivers, town & country, surf & sand. Trails and country roads are our routes to daily adventures. Guanacaste—including Rincón de la Vieja, Buena Vista, Santa Rosa and Playa Naranjo—comprises the area we cover.

Besides fantastic scenery, the wildlife will make interesting companions. Typical sightings include monkeys, coatis, agoutis, armadillos, toucans, parrots—and a host of other things if you really look. In addition to sightseeing while cycling, opportunity abounds for technical riding.

We stay in premier eco-lodges four nights and tent camp two overnights. We travel with our own support vehicle, transporting our gear and your belongings (which may consist of other “toys” besides your bike). The group will enjoy fine Costa Rican meals and campfire delights.

Colibrí “Build Your Own” Adventure

“Tennis & Spanish,” “Golf & Beach,” “Tropical Diving,” “Photo Safari,” “Wilderness Spa”—you name it! We will help you create your ideal Colibrí Adventure. Our goals are to improve your skills and enhance performance—both individually and as a team. We also desire to facilitate cross-cultural and international exchange, and are confident you'll find Costa Rica friendly and exciting. Each program offers expert trainers and experiential learning educators that not only guarantee quality instruction, but also life-long learning skills.

Colibrí Volunteer Adventure

If you are looking for a special “volunteer vacation,” we coordinate the 2, 3 & 4 week *Mesoamerica Adventure Based Learning Program*. This program incorporates environmental restoration and community service into an adventure based learning trip, and your work is compensated by reduced cost—1/2 the price—of our regular trips. Mornings are spent working on projects—such as trail building—and the afternoons are filled with adventure.

Dollars and Sense

Your safety and enjoyment are our primary concerns, at the same time we aim to push your limits. The base price for each Colibrí Adventure—including Food & Lodging, Activities & Training, Transportation within Costa Rica, and Administration—is \$999 per person for groups of 10-15 participants. The *Mesoamerica Adventure Based Learning Program* is \$900 per person for 2 weeks, \$1,250 for 3 weeks and \$1,500 for 4 weeks! (Groups under 10 may be accommodated for a surcharge—roughly 15% per participant.) Additional information is provided upon request.

www.mesoamer.org / www.igc.org/colibri

Colibrí Adventures / P.O. Box 3533 / Santa Cruz, CA / 95063
ICAS/Aventuras Colibrí / Apdo. 1524 / 2050 San Pedro / Costa Rica
mesoamer@racsaco.cr

Tel. in Costa Rica: (011 from U.S.) (506) 253-3195 / Fax: (011) (506) 234-7682

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Following are scheduled dates for Colibrí Adventures:

Colibrí Equine Adventure

2001
July 22-28
August 12-18
December 2-8

2002
January 6-12
March 3-9
July 7-13

Colibrí Surf Kayak Adventure

2001
August 19-25
December 9-15

2002
January 13-19
March 10-16
July 14-20

Colibrí Mountain Biking Adventure

2001
August 26 – September 1
December 16-22

2002
January 20-26
March 17-23
July 21-27

Colibrí Volunteer Adventure

2001
February 25 – March 10
July 8-21
August 5-18

2002
February 24 - March 9
June 30 - July 13

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